If you are interested in joining us, please visit our website and click on enquiry form. We will then contact you to join our waiting list or place you immediately on a free trial.



## Ruthin & Denbigh Gymnastics Club Ltd Clwb Gymnasteg Rhuthun & Dinbych Cyf



Free trial for new members joining us after sign up through our enquiry form on our website.

## www.ruthindenbighgymnasticsclub.co.uk

,	<b>V</b>	The second secon		The second secon	VI VI			
Prices 60 Minute - £30 per month direct debit 90 Minute - £40 per month direct debit	MONDAY Clwyd Hs	TUESDAY Clwyd Hs,	WEDNESDAY Clwyd Hs,	THURSDAY Clwyd Hs, Denbigh	FRIDAY Clwyd Hs,	Friday Ruthin Leisure	SATURDAY Clwyd House,	V
Do More squads plus £25 per month direct debit	Denbigh	Denbigh	Denbigh		Denbigh	Leisure	Denbigh	
Stage 13 - Daisies - 60 Minute Class (Nursery)								
Stage 12 - Strawberries - 60 Minute Class (Reception)								
Stage 11/10 - Whiteberries - 90 Minute Class (Year 1- ages 5/6)	4.15-5.45pm		4.15-5.45pm	4.15-5.45pm		4- 5.30pm	9.30-11.00am	
Stage 9 - Blueberries - 90 Minute Class (Year 2 - ages 6/7)	4.15-5.45pm		4.15-5.45pm	4.15-5.45pm		4- 5.30pm	9.30-11.00am 11.30-1.00pm	
Stage 8 - Poppies Team Gym - 90 Minute Class (Year 3 - ages 7/8)			4.15-5.45pm 6.15-7.45pm	4.15-5.45pm 6.15-7.45pm	4.15-5.45pm 6.15-7.45pm		11.30-1.00pm	
Stage 7 – Scarlets Team Gym - 90 Minute Class (Year4 - ages 8/9)			4.15-5.45pm 6.15-7.45pm	4.15-5.45pm 6.15-7.45pm	4.15-5.45pm 6.15-7.45pm		11.30-1.00pm	
Stage 6 - Scarlets Team Gym - 90 Minute Class (Year 5 - ages 9/10 upwards)			4.15-5.45pm 6.15-7.45pm	4.15-5.45pm 6.15-7.45pm	4.15-5.45pm 6.15-7.45pm		11.30-1.00pm	1
Stage 6+- Primrose Preparation Club Team Gym - 90 Minute Class (Year 6 +)			4.15-7.45pm 6.15-7.45pm	4.15-7.45pm 6.15-7.45pm	4.15-5.45pm 6.15-7.45pm			
Stage 5 - Club Team Gym Squads - 90 Minute Class (Mixed ages) invitational only		4.15-5.45pm 6.15-7.45pm	4.15-7.45pm 6.15-7.45pm	4.15-7.45pm 6.15-7.45pm	4.15-5.45pm 6.15-7.45pm			
Stage 4 Do More Team Gym Squads +90 min class (mixed ages) invitational only	6.15- 7.45pm							-
Artistic Development Squads - 165-180 min class (mixed ages) invitational only	4.15-7pm	4.15-7pm	4.15-7pm	4.15-7pm	4.15-7.45pm			